## ANNUAL SOUTHERN NEVADA SUMMIT ON CHILDREN'S MENTAL HEALTH

May 1 & 2, 2023 || Hybrid Event

The 6<sup>th</sup> annual Southern Nevada Summit on Children's Mental Health was held on May 1 & 2 via in-person and virtual format, Zoom. Day 1 of the summit was organized by the CCCMHC's Public Awareness & Behavioral Wellness Workgroups with the assistance of the Nevada Institute for Children's Research and Policy at UNLV and Day 2 of the event was organized by the Southern Nevada Health District The fee to attend the Day 1 of the summit was \$15, although accommodations were available on a case-by-case basis for those where cost was a barrier. For Day 2 of the summit, registration was free. Although there was a max of 15 participants, SNHD provided additional opportunities for those who wanted to attend this day. For Day 1, Table 1 (below) provides a breakdown of the number of people who registered online through the Eventbrite platform, as well as the highest number of people who recorded in attendance throughout the day; it also lists the total revenue collected for the event.

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	# ATTENDED	# REGISTERED
IN-PERSON	31	37
VIRTUAL	25	35
TOTAL	56	72
		TOTAL REVENUE: 868.62

Table 1. Registration & Fees for Day 1

At this year's Summit, attendees were provided a full day of training consisting of 5 different presentations on May 1<sup>st</sup>. On May 2<sup>nd</sup>, Youth Mental Health First Aid training was administered. The attached agenda for Day 1 (page 3) provides a description of each presentation as well as the name and affiliation of the lead presenter. Licensed professionals were able to claim up to 6 hours of Continuing Education Units from this summit, 2 credit hours being suicide prevention training provided by the Nevada Office of Suicide Prevention.

All Day 1 attendees were asked to complete a brief evaluation at the end of each presentation to provide feedback on each of the sessions and the event as a whole. The number of responses varied for each presentation, with the highest response received for both the Strengths-Based Approaches to Children's Mental Health Services and Understanding the Impact of Policies on Children's Mental Health (n=41). The lowest response received was from the Youth Panel (n=37). Overall, those who completed the evaluation surveys were satisfied with the learning opportunities provided. A detailed breakdown of these results can be found in Table 2 (below).

DAY 1 – MONDAY, MAY 1 <sup>st</sup>	Strongly Agree	Agree	Disagree	Strongly Disagree
Presentation 1: Strengths-Based Approaches to Children's Me	ntal Health	Services (	n=41)	
The objectives of this session were clear	78.0%	22.0%	0.0%	0.0%
The facilitator(s) was/were knowledgeable and well prepared	85.4%	14.6%	0.0%	0.0%
I/my organization gained new knowledge from this session	75.6%	24.4%	0.0%	0.0%
Overall, this session was useful for me	80.5%	19.5%	0.0%	0.0%
Presentation 2: Understanding the Impact of Policies on Childr	en's Menta	l Health (n	=41)	
The objectives of this session were clear	73.2%	26.8%	0.0%	0.0%
The facilitator(s) was/were knowledgeable and well prepared	78.0%	22.0%	0.0%	0.0%
I gained new knowledge from this session	68.3%	31.7%	0.0%	0.0%
Overall, this session was useful for me	68.3%	31.7%	0.0%	0.0%
Presentation 3: Language Matters (n=40)				
The objectives of this session were clear	80.5%	19.5%	0.0%	0.0%
The facilitator(s) was/were knowledgeable and well prepared	80.5%	19.5%	0.0%	0.0%
I gained new knowledge from this session	75.0%	22.5%	2.5%	0.0%
Overall, this session was useful for me	80.5%	19.5%	0.0%	0.0%
Presentation 4: Safe Messaging on Suicide (n=40)				
The objectives of this session were clear	92.5%	7.5%	0.0%	0.0%
The facilitator(s) was/were knowledgeable and well prepared	92.5%	7.5%	0.0%	0.0%
I gained new knowledge from this session	82.5%	17.5%	0.0%	0.0%
Overall, this session was useful for me	85.0%	15.0%	0.0%	0.0%
Presentation 5: Youth Panel (n=37)	1			
The objectives of this session were clear	78.9%	18.4%	2.6%	0.0%
The facilitator(s) was/were knowledgeable and well prepared	78.4%	18.9%	2.7%	0.0%
I gained new knowledge from this session	73.0%	24.3%	2.7%	0.0%
Overall, this session was useful for me	78.4%	18.9%	2.7%	0.0%

#### Virtual Format Additional Comments:

- *"Thank you for the ability to attend virtually." The hosts were well-prepared and very responsive to technical issues.*
- "Better E-mail communication."
- *"Focus on available resources and what resources would help fill the gaps in our current system."*

#### **Overall Event Additional Comments:**

- "Great job! The topics for this event were very relevant." The presenters were wonderful and passionate about their subjects.
- "It was fantastic and appreciate the opportunity."
- Provide conversations/presentations on childhood traumas, children and teens' mental health, and family engagement.

#### Day 1 Annual Summit Agenda

# Join Us 6TH ANNUAL SOUTHERN NEVADA SUMMIT ON CHILDREN'S MENTAL HEALTH

HYBRID EVENT

#### MONDAY, MAY 1st 9:00 am - 4:30 pm

Virtual Presentations & Panel Discussions on the following topics:

Strengths-Based Approaches to Services The Importance of Language Suicide Prevention\* Youth Panel & More!

\*Meets 2-hour Suicide Prevention requirements for licensing.

#### **DAY 1 REGISTRATION FEE: \$15**

Scholarships Available: Email CCCMHC.NV@gmail.com

#### TUESDAY, MAY 2nd 8:45 am - 4:15 pm

#### Youth Mental Health First Aid (YMHFA)

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adolescents ages 12-18. You'll build skills and confidence you need to reach out and provide initial support to young people who are struggling. You'll also learn how to help connect them to appropriate support.

#### **DAY 2 REGISTRATION FEE: Free**

Space is Limited to 15 Participants

In-Person Location: To Be Determined

CEUs for multiple disciplines are pending final approval.

### REGISTER TODAY! WWW.CCCMHC.ORG/SUMMIT



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