

MEMBERSHIP

NCSP is always looking for new members to strengthen our voice on suicide prevention, intervention and postvention in Nevada.

Benefits of membership include NCSP's quarterly e-newsletter, community speakers at bi-monthly meetings, and eligibility for training scholarships.

We have individual memberships as well as organizational and non-profit memberships.

Membership information is available via our website: www.nvsuicideprevention.org.

Thank you for your interest in the Nevada Coalition for Suicide Prevention.

*Suicide Prevention is
Everyone's Business*

Vision Statement

The vision of the Nevada Coalition for Suicide Prevention ensures all Nevadans feel hopeful and are connected to the resources they need. In so doing, the coalition hopes all communities will be free from suicide.

This will be done in the following ways:

- *Eliminate the taboo/stigma related to suicide and encourage open discussion of suicide*
- *Promote multiple contacts for help within the community and beyond*
- *Raise awareness that suicide is preventable and affects everyone*
- *Involve and engage all Nevadans before there is a crisis, thus building trust and networks of support*
- *Remind Nevadans that all have a role to play in the prevention of suicide*

HELP IS AVAILABLE!

If you or someone you know is at risk of suicide please contact:

Crisis Call Center

775-784-8090

Or the

National Suicide Prevention Hotline



BOARD MEMBERS

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Nevada Coalition for Suicide Prevention



Empowering
Communities
to Save Lives

*Connecting People
and Communities
to Help and Hope*

*205 N. Stephanie St., Suite D-149
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www.nvsuicideprevention.org*

About NCSP

The Nevada Coalition for Suicide Prevention (NCSP) was formed in 2005 by a small group of committed Nevadans whose goal was, and remains, to address the significant problem of suicide in Nevada. From these humble beginnings, NCSP has grown to include public and private representation across the state, and offers internationally recognized training, and annual awareness and healing events.

NCSP's Strategic Plan for 2016-2019

Goal #1—Increase visibility to encourage participation

Goal #2—Increase safe messaging in the media

Goal #3—Promote awareness that suicide is preventable

Suicide can be prevented by trained community members.

safeTALK: a 1/2 day training on recognizing and helping lead a person in crisis to intervention services.

Applied Suicide Intervention Skills Training (ASIST): a 2-day training on recognizing, supporting, intervening, and connecting a person to resources.

Youth Mental Health First Aid: a full day training on recognizing persons youth experiencing a mental health challenge or crisis, and supporting and encouraging them toward services.

For more information and to register online visit
www.nvsuicideprevention.org or
call 775-684-2238 or 702-486-8225.

Walk in Memory, Walk for Hope

With the help of its members, NCSP has created community suicide prevention walks that take place across the State of Nevada during National Suicide Prevention Week in September. With credit to the Elko SOS group for the very first “Walk in Memory, Walk for Hope” in 2006, the walk event raises awareness of the problem of suicide in Nevada, offers healing support to survivors of suicide loss, and raises money for communities to support prevention efforts.

In 2019, our 13th annual “Walk in Memory, Walk for Hope” (WMWH) had approximately 900 walkers in 8 communities throughout Nevada.

The 14th annual WMWH will take place on September 12, in 8 communities and we would love for you to join us.

Please visit www.nvsuicideprevention.org for more information on next year's walk, including information on donating, registration or volunteering. You can help us **STOP SUICIDE** by participating in this wonderful event.



FACTS ABOUT SUICIDE

- ◆ Nevada has the 8th highest rate of suicide in the United States. This is the second time Nevada has not ranked in the top 10 highest rates.
- Suicide is the 10th leading cause of death in the United States, but is the 8th leading cause of death for Nevadans.
- Suicide is the 2nd leading cause of death for Nevadans ages 10—34.
- For every teen/young adult who dies by suicide, it is estimated that 100-200 of their peers attempted. One of the biggest risk factors for completed suicide is a previous attempt.
- Nevada ranks among the top 5 for elder suicide rates in the country.
- Suicide is the 6th leading cause of death for Native American males.
- Over twice as many people die from suicide than homicide in the U.S.
- Each suicide leaves at least six to eight bereaved family and friends.
- Surviving family members not only suffer the grief and trauma of losing a loved one to suicide, but also are themselves at higher risk for suicide and emotional problems.
- Discussing suicide does not cause someone to die by suicide.