



6th ANNUAL SOUTHERN NEVADA SUMMIT ON CHILDREN'S MENTAL HEALTH

Hybrid Event

Monday, May 1, 2023 - Agenda

Registration 8:30am-9:00am

Strengths-Based Approaches to Children's Mental Health Services

Allison Stephens, PhD, Director of Networks and Policy - Institute for Clinical Research and Health Policy Studies, Center for Community-Engaged Medicine

- 9:00am - Many child and family service providers and decision-makers are familiar with the idea of strengths-based approaches. In this training, participants will learn about child- and family-centered approaches to strengths-based services. Participants will learn about the research behind positive childhood experiences, the power of the brain to heal, and the HOPE (Healthy Outcomes from Positive Experiences) framework. The speaker will emphasize how strengths-based approaches can work together to support the expansion of protective factors for families and access to positive childhood experiences for children.
- 10:00am

Understanding the Impact of Policies on Children's Mental Health

Amanda Haboush-Deloye, PhD, Executive Director - Nevada Institute for Children's Research and Policy and Sara Hunt, PhD, Director - UNLV Mental/Behavioral Health Training Coalition

- 10:15am - This one-hour training reviews the importance of advocacy and its role in can use advocacy to improve the lives of the families they serve. This training includes information on Nevada's legislative process, how to communicate with legislators, the difference between advocating and lobbying, and how to get involved in community advocacy efforts. In addition, in this session you will learn about current draft legislation related to mental health.
- 11:15am

Language Matters

Jacqueline (Jackie) Harris - Creative Solutions Counseling Center & Vegas Strong Resiliency Center and Charlene Frost, Statewide Family Network Director - Nevada Pep

- 11:30am - Char Frost and Jackie Harris will present information on the language that we use with children, youth and families and why it matters. "Reframing language" is essential to discuss mental illness and substance use to increase acceptance and enhance connection with children, youth and families. Professionals in particular can use language that is very technical, outdated, and even derogatory. The presenters will provide information on language that can be used in reference to the following topics: Mental Illness, Substance Use, Person-First, Diverse Cultures, Age, and LGBTQ+.
- 12:30pm - Conversations with the participants will focus on updated language, solution-building approaches and culturally competent interactions that can strengthen the work that we do with families as well as the community at large.

LUNCH BREAK 12:30pm -1:30pm

Safe Messaging on Suicide

Emma White, Youth Suicide Prevention Coordinator, Project Aware Manager and Safe Messaging Specialist - Nevada Office of Suicide Prevention

- 1:30pm - The words we use in talking about suicide and mental health matter. Studies show that some language can be stigmatizing and can impact people with a mental health challenge in reaching out for help. The Nevada Office of Suicide Prevention presents the Safe Messaging on Suicide Training to provide updated language education, reporting on suicide guidelines, using person first language, and much more to help our communities use consistent and safe language regarding suicide. **Note: This session qualifies for 2 hours of Suicide Prevention CEUs*
- 3:30pm

Panel: Youth Voice

Moderator: TBD

- 3:45pm - Join Youth MOVE Nevada for a panel discussion that will offer insight from youth on the topic of youth voice and youth involvement. Participants will be informed of the themes, benefits, and basics of authentic youth voice while learning how to move up Roger Hart's Ladder of Youth Participation and increase youth voice within their agencies.
- 4:45pm



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